



For more information about orienteering
visit www.nwoc.info

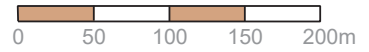
Downhill Forest

Scale: 1:5000

5m Contours

Orange

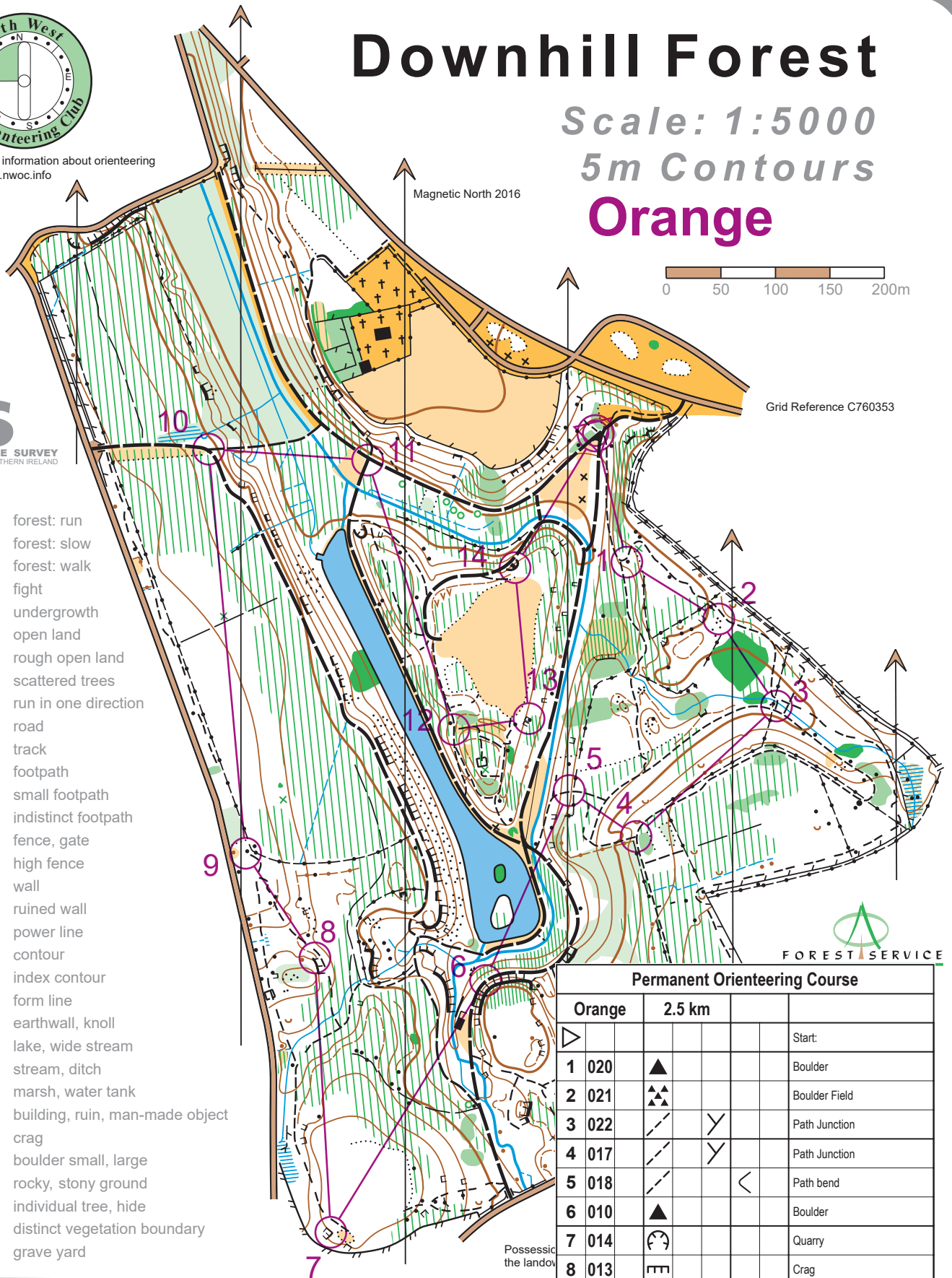
Magnetic North 2016



Grid Reference C760353



- forest: run
- forest: slow
- forest: walk
- fight
- undergrowth
- open land
- rough open land
- scattered trees
- run in one direction
- road
- track
- footpath
- small footpath
- indistinct footpath
- fence, gate
- high fence
- wall
- ruined wall
- power line
- contour
- index contour
- form line
- earthwall, knoll
- lake, wide stream
- stream, ditch
- marsh, water tank
- building, ruin, man-made object
- crag
- boulder small, large
- rocky, stony ground
- individual tree, hide
- distinct vegetation boundary
- grave yard



Permanent Orienteering Course

Orange		2.5 km		
				Start
1	020			Boulder
2	021			Boulder Field
3	022			Path Junction
4	017			Path Junction
5	018			Path bend
6	010			Boulder
7	014			Quarry
8	013			Crag
9	012			Boulder
10	009			Path Junction
11	007			Road Junction
12	006			Thicket, SW. Corner (outside)
13	004			Boulder
14	003			Crag
		140 m		Navigate 140 m to Finish

NAME:

COURSE:

CLASS:

FINISH TIME:

START TIME:

TIME TAKEN:

1	2	3	4	5
12	13	14	15	16

Possessic
the landow